



Republic of the Philippines  
**National Irrigation Administration**  
Central Office

**NIA Medical and Dental Services Accomplishment for CY 2019**

**1. Conducted lecture on various topics**

- Influenza
- Pneumonia
- Hepatitis B
- Kidney and Prostate Problem
- Lifestyle Management

**2. Conducted Wellness Program**

- Checking of Cholesterol
- Urinalysis
- Body Mass Index
- Bone Density Testing
- Blood Letting – twice (NPC, PICE & Red Cross)
- Ankle Brachial
  
- Kidney and Prostate Ultrasound
- Influenza Vaccination
  - ✓ (Flu Vaccine) = 674 vaccine – 544 Employees
- Zumba Dance Step/Exercise = 75% attendees.
  - ✓ Aug. to Nov. 2019 decreased to 50 %
- Drug Testing Activity = Sept. 4 and Oct. 7, 2019
  - ✓ (252 Employees) = 230 Employees underwent drug testing
- Annual Physical Examination
- Oral Prophylaxis

Prepared and submitted by:

**CATHERINE DC. BINAG, M.D.**  
Medical Officer V

Noted by:

**ATTY. AILYNE CORPUZ AGTUCA-SELDA**  
Manager, Administrative Department