



Republic of the Philippines  
**NATIONAL IRRIGATION ADMINISTRATION**  
CENTRAL OFFICE

OFFICE CIRCULAR No. 16  
Series of 2024

**TO : ALL NIA PERSONNEL**

**SUBJECT : LECTURE ON CARDIOVASCULAR DISEASES FOR NIA EMPLOYEES**

This is to inform all personnel that a lecture on **Cardiovascular Diseases** will be conducted on **November 8, 2024**, from **9:00 AM to 12:00 PM** at the NIA Central Office, **Convention Hall**

The lecture will cover the following important topics:

1. **Aortic Diseases**  
Understanding the risks and early detection of aortic aneurysms and dissections.
2. **Peripheral Diseases**  
Identifying symptoms, diagnosis, and management of diseases affecting blood flow in the extremities.
3. **Venous Thromboembolism (VTE)**  
Awareness of the causes, prevention, and treatment of blood clots in the veins.

All personnel are encouraged to attend this lecture as part of our continuing health and wellness programs. The information shared in this session is vital for enhancing awareness and prevention of cardiovascular conditions.

For inquiries, please proceed/call the Medical and Dental Services

Your cooperation is highly appreciated.

For your guidance.

**ENGR. EDUARDO EDDIE G. GUILLEN**  
Administrator

Date 26 NOV 2024

